



CELESTIAL SEASONINGS, INC.

4600 Sleepytime Drive, Boulder, CO 80301-3292 USA (303) 530-5300

0720 '99 SEP -3 10:40

August 16, 1999

Office of Special Nutritionals
HFS 450
200 C. Street SW
Washington, DC 20204



As per Section 6 of the Dietary Supplement Health and Education Act of 1994, I respectfully submit the following information:

Name and Address:

Celestial Seasonings, Inc.
4600 Sleepytime Drive
Boulder, CO 80301-3292

Text of Statements:

- A natural stress-reducing formula.
- Kava Kava reduces stress.
- Chamomile soothes and calms you.
- Magnesium relaxes the body by aiding the central nervous system.
- B Vitamins replace those vitamins depleted by stress.
- Ultimate Blend Tension Tamer Extra with kava kava and chamomile standardized herbs, magnesium and B vitamins, is a gentle way to unwind at the end of the day.
- This unique formula contains the right blend of natural ingredients you need to reduce stress and relax.

Ingredients:

- Kava Kava herb & Extract, Vitamin B6, Vitamin B12, Magnesium, Chamomile

Name of the dietary supplement (including brand name):

Celestial Seasonings™
Ultimate Blend Tension Tamer

I hereby certify that the information contained in the above notice is complete and accurate, and that Celestial Seasonings, Inc. has substantiation that the statements are truthful and not misleading.

Sincerely,

Mike Gross
Technical Services Manager

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